

## 00 SERIES OVERVIEW:

### Benty Light Garden Topics on Civilization

by

Douglass A. White, Ph.D.



Welcome to Benty Light Garden Topics on Civilization. The subject of this series of talks is “The Ancient Egyptian Senet Tarot and the Game of Human Life.” The entire series includes 53 short articles that are posted on [bentylightgarden.com](http://bentylightgarden.com) free of charge for everyone to enjoy and share. For deeper explorations we have a list of translations, commentaries, books, and articles that you can find in our Store Menu or elsewhere on the Internet or in print.

The entire set of articles in this series introduces one important viewpoint: This universe is an eternally existing Benty Light Garden whose purpose for existence is to provide an arena in which creators may play games of a nearly infinite variety. These games have no original purpose or rules, but are mainly for amusement. “Amusement” is whatever suits an individual at any moment. The purposes and rules of a game are set by the participants themselves. Therefore the games and their rules can change in different times and places. Everyone can agree or can agree to disagree. All it takes is for one or several participants to honestly believe what the game is, and for that participant or those participants that is how the game is. An individual or group of individuals can play several different games at the same time. If the several games do not align, then the experiences become complex even to the point of confusion that causes players to feel difficulties and discomfort.

However, the Basic Substance (Benty) of the Light Garden, including the participants, is nothing but different forms of light (electromagnetic self interactions), and light is conservative, which means it exists eternally. No matter what happens in the games, light continues to exist. From the subjective viewpoint of a living being the Basic Substance of the Light is Awareness. Light is the objective form of Awareness. Awareness is pure existence without any opinions. With no opinions Awareness is just a potential energy that exists, and all its possibilities mutually interfere and cancel out leaving nothing to experience. It has no preferred viewpoint or bias. When engaged in playing games, Awareness takes specific biased viewpoints that generate opinions and beliefs that easily become what we call consciousness. That includes

thoughts, emotions, and the experience of various kinds of perceptions. In humans the perceptions impinge on awareness through a nervous system that is a biological electromagnetic device for processing electromagnetic signals in several modes, commonly known as vision, hearing, touch, taste, and smell -- all of which are forms of electromagnetic light self-interactions.. The specialty of human kind is that he (she) not only is animate, but has the option of will, can make decisions, and then may take actions to play interesting self-interactive light games in the various modes of light. By means of these capabilities, human societies may create civilizations to explore group games in various environments and on various scales.

Although the purposes and rules of a game are up to the participants to decide, games of any kind by definition must have defined goals. It turns out that, over an extended period of time only certain outcomes will occur with any game that involves the use of will, attention, priority, and/or a flow of living consciousness in a universe that contains physical material. Article #47 outlines the ultimate outcomes of such games.

In this series of articles we will explore what I call the Ancient Egyptian game of Senet  Tarok (Da-Rekh  ) civilization and its relation to the eternal overall game of the Benty Light Garden. This civilization developed technologies for passing information packets intact through different phases of space-time and other dimensions. "Senet" means something passes beyond something else or even itself. "Da-Rekh" means to give knowledge.

The basic viewpoint of this series is that you are LIGHT, I am LIGHT, and every person is nothing but LIGHT. The entire environment of the universe (which may consist of multi-verses) is also nothing but LIGHT. Human beings, and all other forms of life, are in the Universal Light Garden to play their games that they have chosen to play. All the rest is just detail, and there is quite a lot of detail. It is wise to pay attention to the detail in the fine print of any contract or organizational manifesto. However, since the whole system of reality is based on light/awareness, the more a person understands the nature of light and its behavior, the better equipped the person will be to navigate in the games that the person creates, encounters, or chooses to participate in. In the articles I will introduce details about a very ancient game called Senet that we have learned something about from the ancient Egyptians.

If you do not understand an article, then reread the article. Explore the study questions. Carefully study the appended images and other materials. Come back and reread this Series Overview article and consider it in the light of the specific article you just read in the series. If you still do not understand something, give me an email and explain your question. Then I will reply as soon as possible with a response that may be helpful. (If you find any errors in the material, please also let me know so we can improve the material.) If you still have trouble understanding the material, go play another game for a while and gather more experience until you start to understand what light is.

Once you understand light, you will have illumination. That is enlightenment. Enlightenment is very simple. It is just being clear about your own thoughts, beliefs, experiences, and the behavior possibilities of light and awareness.

For example, who are you? Where do you live? Why do you do what you do? The whole world is meaningless and just waits for you to decide what you want to play as your life game and for you to decide what its meaning and purpose is. Once your game is over, you will go play another game, or perhaps come play again the game of human life. It all depends on what your real interests are. In any case the light show goes on, and you are part of it, or even all of it, depending on your viewpoint.


OK! Now let's begin to discuss some aspects of Ancient Egyptian Civilization and its Eternal Cosmic Senet Game that transcends space and time. What we know as "ancient Egypt" is only the local remains of a very special legacy civilization that may go back billions of years and is found in various forms throughout the universe. Take your time reading and studying the material. Explore. Use detailed attention and a spirit of serious scholarship. Or you can just relax and browse with a half-awake, half-asleep artistic intuition of spiritual awareness. You can just play with the game until you discover its true flavor. Grasp the core concept: "Coming from the Root there is nothing, so why stir up a lot of dust?" Then stretch your wings and soar into the present moment of Benty Light Garden's secret realm. Lots of good friends await you there to explore the Game of Passing Beyond the Beyond.


Before you start to read the articles in this Series, you might take a moment to notice: Where are you? What are you looking at? What do you hear? What is your body touching? What are you thinking? What are your feelings and emotions? No matter what your situation, that moment is the Awareness Realm of the Benty Light Garden that is everywhere. What do you plan to do or not do? That is the possibility of exercising your will. There is nothing else to do -- only YOU continue forever to enjoy your Basic Substance [LIGHT] and play your chosen Game in the Light Garden -- by yourself or with any number of companions.

Douglass A. White, 2019.01.22

What or Who is Benty?

In Chinese Benty literally is “root body” [ben-ti 本体]. The root of a tree is its foundation. It is usually hidden beneath the ground, but it anchors the tree and nourishes it. The “body” implies something with a physical reality. Chinese scholars of the Song Dynasty studied the **Book of Changes** and spoke of Ti 体 and Yong 用 as the passive structural component and the dynamic transformational component of reality: **substance** and **function**.

In ancient Egyptian civilization “Benty”  is a mythical playful and mischievous dog-headed baboon with unlimited magical powers. The first three hieroglyphs shown above are the spelling of the name “Benty”, and the last glyph is a pictograph of the baboon. Benty is probably a transformation of The Grand Master Thoth into an animal form that represented the root material of mankind. This root substance transcends all forms of existence, so Benty has many names and transformations in Egyptian Civilization. Sometimes Isis and Nephthys (two ladies in Egyptian mythology) magically took on the form of a pair of such Benty baboons. In the ancient Pyramid Texts (perhaps

5000 years old) we find Benty written as  using a bird glyph. This bird glyph pictograph of a lapwing from very ancient times was a symbol for mankind, the people. It can still be seen carved on the remains of the temples of Egypt. The glyph used alone in this sense of mankind was often pronounced “rekhet”, which meant “one who knows”. “Rekh” [know] is possibly the root of our word “reckon” [to

believe, or know, often as a result of calculations and evidence]. In Pyramid Text #363 Benty is said to be the son of Wat-Her (𓂏𓂏𓂏𓂏, a personification of the Way of the Will). A follower or “son” of Wat-Her was said to be a “Hand” (𓂏 pronounced ‘A, a release of sound deep in the throat like a release of tension.) A Hand was a like a “deck hand” or sailor serving on a ferry boat. His job was to facilitate the arrival of a traveler at his or her intended destination. So these Benty beings show up when someone is striving for a goal that will evolve to a higher state of being and they offer a helping hand. The use of the bird glyph in the Pyramid Text implies that any human can become an ‘A-Wat-Her 𓂏𓂏𓂏𓂏 and facilitate the growth and evolution of his fellow humans or even any other entity on the “Way of Deliberate Living”.

The above comments about Benty contain a lot of detail. During the series of articles this information will become much clearer, or at least “fleshed out”. How far you want to go with it is up to you.

## 00 Study Questions

- \* What is a Benty Light Garden?
- \* What is a game?
- \* What is the “basic substance” of the universe?
- \* What is awareness?
- \* What is light?
- \* What is consciousness?
- \* What is the basic viewpoint of this series of articles?
- \* What is enlightenment?
- \* What is a recommended preparation for reading the articles?
- \* What is a recommended procedure after you have read an article?